

THE REAL CELL PHONE CONTRACT

We're giving you this phone because we trust you and love you. We look forward to receiving hundreds and thousands of pictures and messages from you through your new phone over the coming weeks.

Getting a phone gives you an amazing power of freedom that you previously haven't had, to chat with friends and family but, as I am sure you know.... "With Power comes Responsibility."

We believe that you are responsible enough to receive this power, but there are rules to using this power. Rules that ensure responsibility. It's important to us that you use this phone wisely and responsibly and never use it to hurt or shame others or yourself.

Here are some rules that you must agree to follow, so we can all understand what being responsible means.

1. **Look Up and Live:** Your phone is a tool, not an extension of you. Sometimes, leave it at home and experience life without it. Looking up and being present in the moment is how you store memories that will shape the person you will become. Create time daily to disconnect from the cyber-world and connect in the real world with those around you.
2. **Answer When We Call:** If you see that Mom or Dad is calling, you must answer right away. If you miss the call, return it as soon as possible. This is a rule for life—family **ALWAYS** comes first.
3. **Take Care of Your Phone:** It is expensive and there is high probability that you will drop it, lose it, or have some kind of accident with it at some point. Start saving your pocket money now or do chores that you can earn money, so you can replace it when something goes wrong.
4. **Be Kind and Thoughtful:** Before you send a message or post anything, think about how it might make someone feel. Your words and actions online are just as important as they are in person. Be the kind, loving, thoughtful person you have been raised to be.

Never access anything online that you wouldn't be comfortable looking at in front of Mom or Dad, and never share or receive inappropriate pictures or videos of yourself or others, even if it seems harmless. Despite your high intelligence, the temptation might come, but

sharing inappropriate content can have life-long consequences. Never share anything you wouldn't share with us, or anything you would be embarrassed to share if the other persons parent was holding their phone.

5. **Stand Up Against Bullying:** If you ever feel bullied or uncomfortable online, tell us right away. You don't have to handle it alone—we're here to help.

And remember to always be respectful to others. Never participate in or encourage bullying. If you find yourself in a group chat where conversations make you uncomfortable or don't align with your values, leave the group. It's okay to walk away.

6. **Know Who You're Talking To:** Don't speak to strangers or anyone online that you haven't met in real life and that Mom or Dad don't know. And never ever agree to meet anyone, no matter who they are, that you meet online without speaking to us first. There are some scary people out there who will pretend to be nice. Your safety is more important to us than anything else.

7. **Be Honest and Trust Us:** You will mess up, and when you do, your phone may be taken away for a while. This isn't a punishment; it's our job to help you grow into a responsible young man/woman. If you mess up or know someone who is at risk, come tell us. Telling us about a problem will never lead to negative consequences—instead, it will show us your honesty, responsibility and courage. Everyone makes mistakes, but what truly matters is how you fix them. Turning to us will always be your best option because we are your greatest supporters and your most powerful protectors. We will fight for you harder than anyone in your life. We're in this together, and we'll always have your back.

We love you. Be the amazing sensible young man/lady that we believe you are.

Signatures:

[Child's Name]: _____ Date: _____

Mom: _____ Date: _____

Dad: _____ Date: _____